

NCON Professional Development Conference

October 2013

Peel Halton Workforce Development Group (PHWDG) hosted its fifth annual NCON Professional Development Conference on October 4th, 2013 at the Delta Toronto Airport West Hotel in Mississauga. Ninety-one people attended, primarily front-line workers from immigrant serving agencies.

Dr. David Posen delivered the opening keynote address titled: "Stress Mastery – You Have More Control Than You Think." He was followed by two workshops, delivered simultaneously, each to half the audience in the morning, half in the afternoon. Richard O'Brien taught his audience members how to adjust to the impact of trying times by increasing personal stamina and flexibility in a presentation titled "Personal Resiliency in Challenging Times".

Vito Marchese of Whiteboard Studio explained how LinkedIn can be one of the most powerful online tools for today's professional in a workshop titled "The 5 C's of LinkedIn – Making the Most of Your Online Presence."

Trey Anthony closed the event with her keynote, "Coming Out of Your Box", in which she emphasized original thinking and belief in yourself. A hot breakfast, a hot lunch and coffee breaks completed the day.

QUOTES TAKEN FROM ATTENDEES

"It's an amazing event and am honoured to attend the event. I learn a lot about myself."

"Excellent conference! Thank you."

"All the speakers were incredible. I have learned a lot today."

"Well done NCON, excellent work getting those inspiring speakers who have brought all the motivation and difference to us all. I thought this was the best PD I have attended in years."

"Fabulous overall, keep it going if possible. Thanks."

"Great job!! All topics were extremely relevant. Thank you."

"Very well organized. Great speakers, Great food, Keep doing. Great source of learning and networking."